

## Form IV

### The All India Services (Performance Appraisal Report) Rules, 2007

#### PROFORMA FOR HEALTH CHECK UP FOR IFS OFFICERS

Date:

Name

Age

Sex: M/F

Brief clinical history, if any

#### **A: Examination**

Physical

Systemic

#### **Investigations:**

##### **Haemogram**

Hb%

TLC

DLC

Peripheral Smear

##### **Blood Sugar**

F

P.P

##### **Lipid Profile**

Total Cholesterol

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

Triglyceride

## **Liver Function Test**

Total Billirubin  
Direct Billirubin  
Indirect Billirubin  
SGOT  
SGPT  
ALK Phosphatase

## **Kidney Function Test**

Urea  
Creatinine  
Uric Acid  
Electrolytes

Na+  
K  
Calcium  
Inorganic  
Phosphates

## **Cardiac Profile**

CPK  
CK-MB  
LDH  
SGOT

## **Urine**

Routine  
Sugar  
Albumin

Microscopic

## **E.C.G.**

## **X-ray Chest**

## **Ultra Sound Abdomen**

## **Any other Investigation**

## **Advise**

B:Medical Report of the Officer

1.	Haemoglobin level of the officer	Normal/ Low
2.	Blood Sugar level	Satisfactory/ Normal/ High/ Low
3.	Cholesterol level of the officer	Normal/ High/ Low
4.	Liver functioning	Satisfactory / normal/ dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal / enlarged/blocked/ not normal

C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR)

1.	Overall Health of the officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date

Signature of Medical Authority  
Designation